

Mental Health Court Phase Movement Checklist

In order to move from one phase to another, certain minimum requirements must be met. Once completed, you may make written application to your case manager/ therapist. You must explain why you feel you are ready to move to the next phase. This includes moving from phase five to graduation. The Mental Health Court Team will review your request individually and movement is at the discretion of the Mental Health Court Judge with input from the team. If you are unable to complete any requirement, you must provide explanation as to why you should be exempt.

Name: _____ Date: _____

Case Manager: _____ Contract Date: _____

I am asking to move to (circle one):				
Phase II	Phase III	Phase IV	Phase V	Graduate

Complete the appropriate checklist:

If Moving to Phase II, you must do the following:

- _____ Engage with PSR and/or Substance Abuse Treatment
- _____ Comply with Psychiatric appointments and recommendations
- _____ Meet with therapist as recommended by treatment plan
- _____ Meet with Case Manager/Probation Officer as required
- _____ Attend Court Weekly
- _____ Urine and Drug/Alcohol Screens are Negative
- _____ Start Changing People, Places and Things
- _____ Attend 3 Self-Help Meetings Weekly
- _____ Explanation of Insights and Skills Acquired and how to Apply to Everyday Life in Order to Cope with Mental Illness
- _____ Sign Releases of Information to Collateral Contacts upon Request
- _____ Minimum Time in Phase I is 60 days

A participant can advance to Phase II if substantially compliant with all Phase I requirements for a sustained period of time, has been clean and sober for at least 30 days and the Judge, with input from the WCMHC Team approves moving to Phase II.

If Moving to Phase III, you must do the following:

- _____ Continue to Meet All Phase II Requirements
- _____ Remain Engaged in Treatment
- _____ Attend Court Weekly
- _____ See Case Manager/Probation Officer/ therapist as Required
- _____ Obtain Stable Housing
- _____ Obtain Sponsor/Mentor (if applicable)

- _____ Letter from Sponsor/Mentor Detailing Program Work (if applicable)
- _____ Attend 3 Self-Help Meetings Weekly
- _____ Urine and Drug/Alcohol Screens are Negative
- _____ Demonstrate changing people, places and things
- _____ Make substantial effort to pay \$360 of WCMHCC fee
- _____ Explanation of Insights and Skills Acquired and how to Apply to Everyday Life in Order to Cope with Mental Illness
- _____ Sign Releases of Information to Collateral Contacts upon Request
- _____ Minimum Time in Phase II is 90 days

A participant can advance to Phase III if substantially compliant with all Phase II requirements for a sustained period of time, has been clean and sober for at least 60 days and the Judge, with input from the WCMHC team approves moving to Phase III.

If Moving to Phase IV, you must do the following:

- _____ Continue to Meet All Phase II Requirements
- _____ Remain Engaged with Treatment
- _____ Attend Court Bi-weekly
- _____ Meet with Case Manager/Probation Officer/ Therapist as Required
- _____ Address Life Skills
- _____ Establish Recovery Network
- _____ Establish Prosocial Activities
- _____ Demonstrate Changing People, Places and Things
- _____ Maintain Stable Housing
- _____ Establish Employment/ School/ Community Service
- _____ Urine and Drug/Alcohol Screens Negative
- _____ Make Substantial Effort to Pay \$400.00 (cumulative \$760) of WCMHC Fee
- _____ Make Substantial Effort to Pay Restitution
- _____ Explanation of Insights and Skills Acquired and how to Apply to Everyday Life in Order to Cope with Mental Illness
- _____ Sign Release of Information to Collateral Contacts upon Request
- _____ Minimum Time in Phase III is 90 days

A participant can advance to Phase IV if substantially compliant with all Phase III requirements for a sustained period of time, has been clean and sober for at least 90 days and the Judge, with input from the WCMHC Team approves moving to Phase IV.

If Moving to Phase V, you must do the following:

- _____ Continue Engagement with Treatment
- _____ Continue to Meet all Phase IV Requirements
- _____ Attend Court Every Three Weeks
- _____ Meet with Case Manager/ Probation Officer/ Therapist as Directed
- _____ Employment or Full time Educational Status
- _____ Letter from Sponsor/Mentor Detailing Program Work (if applicable)
- _____ Explanation of What Step Participant is Working on
- _____ Attend 3 Self-help Meetings Weekly

- _____ Address Life Skills
- _____ Maintain Recovery Network
- _____ Maintain Prosocial Activities
- _____ Maintain Housing
- _____ Demonstrate Changing People, Places and Things
- _____ Address Ancillary Services (i.e. parenting, family support)
- _____ Urine and Drug/Alcohol Screens Negative
- _____ Complete Either T4C or MRT (if applicable)
- _____ Explanation of Insights and Skills Acquired Through T4C or MRT and How to Apply Skills to Everyday Life
- _____ Address Financial Issues
- _____ Make Substantial Effort to Pay \$400.00 (cumulative \$1160) of WCMHC Fee
- _____ Make Substantial Effort to Pay Restitution
- _____ Sign Release of Information to Collateral Contacts upon Request
- _____ Minimum Time in Phase IV is 90 days

Participants can only advance to Phase V if substantially compliant with Phase IV requirements for a sustained period of time, have no drug tests which violate the alcohol and drug testing protocol and procedures for 120 days, and the Judge with input from the team WCMHC team approves their written application explaining why he or she would like to move to Phase V.

If graduating, you must do the following:

- _____ Continue Engagement with Treatment
- _____ Continue to Meet all Phase V Requirements
- _____ Attend Court Monthly
- _____ Meet with Case Manager/ Probation Officer/ Therapist as directed
- _____ Maintain Employment or Full Time Educational Status
- _____ Letter from Sponsor/Mentor Detailing Program Work
- _____ Explanation of What Step Participant is Working on
- _____ Attend 3 Self-help Meetings Weekly
- _____ Maintain Recovery Network
- _____ Maintain Prosocial Activities
- _____ Maintain Housing
- _____ Demonstrate Changing People, Places and Things
- _____ Urine and Drug/alcohol Screens Negative
- _____ Complete Either T4C or MRT (if applicable)
- _____ Explanation of Insights and Skills Acquired Through T4C or MRT and How to Apply Skills to Everyday Life
- _____ Address Financial Issues
- _____ Make Substantial Effort to Pay \$400.00 (cumulative \$1560) of WCMHC Fee
- _____ Pay Full Restitution
- _____ Attend One Alumni Group
- _____ Develop and Be Able to Articulate Discharge Plan
- _____ Sign Release of Information to Collateral Contacts upon Request
- _____ Minimum Time in Phase V is 90 days

Participants can only advance to Graduation if substantially compliant with Phase V requirements for a sustained period of time, have no drug tests which violate the alcohol and drug testing protocol and procedures for 180 days, and the Judge with input from the team WCMHC team approves their written application explaining why he or she would like to Graduate.

Sponsor's first name and last initial: _____

Describe your step work:

Please describe why you think you are ready to move to the next phase of drug court:
