

Will County Mental Health Court



Participant Handbook

Will County Mental Health Court Mission Statement:

To provide comprehensive mental health and addiction services as well as therapeutic judicial intervention through a team approach to defendants with severe mental illness or co-occurring disorders in an effort to reduce recidivism, improve the quality of life, and protect and improve public safety.

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WELCOME

Welcome to the Will County Mental Health Court (WCMHC) program.

Mental Health courts are specialized courts that emphasize treating a Participant's mental disorder and/or co-occurring substance abuse disorder so that he or she does not continue to commit criminal acts. Instead of jail time without treatment, the WCMHC focuses on giving its Participants the tools to manage their addiction and mental disorder and become productive members of society.

The WCMHC requires each Participant to comply with a rigorous treatment plan that will ensure they can leave Mental Health Court with the skills to manage their mental disorder and co-occurring substance abuse disorder.

The purpose of this handbook is to help Participants understand what they need to know and do so that they can successfully participate in and complete Mental Health Court. Included in this handbook is WCMHC general program information, eligibility for WCMHC, the assessment and enrollment process, an outline of the WCMHC team, Participant responsibilities, the program phases, details on consequences for not complying with WCMHC treatment plans, drug testing procedures, and the possible program outcomes.

If there are questions about the WCMHC, please contact the Court Coordinator or your attorney.

PROGRAM OVERVIEW

WCMHC consists of the following components:

- an eligibility screening for legal acceptability
- assessments for treatment needs
- a five phase intervention program
- graduation
- an aftercare plan

Once admitted into the WCMHC program, the WCMHC team collaboratively creates a specialized treatment plan for each Participant with which he or she must comply. Decision making is cooperative in nature, with the Judge having the final word.

A Participant's treatment plan may include (but is not limited to) some or all of the following:

- case management services
- mental health assessment and treatment services
- individual counseling
- substance use treatment
- trauma specific treatment services
- medication assisted treatment

- random drug testing
- primary health treatment services
- domestic violence counseling
- anger management
- employment and education programs

It is important that each Participant understands that it is his or her responsibility to follow all of the requirements of the Mental Health Court program because these requirements are necessary to change the choices, attitudes, and behaviors that have brought the Participant into the criminal justice system.

As Participants progress through the phases of the WCMHC program, each Participant will be required to appear before the WCMHC Judge, as well as submit to scheduled and random drug and alcohol testing.

The WCMHC team meets prior to the Mental Health Court session and discusses the status of each Participant for that week. When each Participant appears before the Mental Health Court Judge, the Judge will discuss the Participant's progress, ask how he or she is doing, and if necessary, the Judge may provide incentives, therapeutic adjustments, and/or sanctions to a Participant based on his or her compliance with their treatment plan.

The typical program length is 15-18 months; however, program length varies depending on Participant's needs and compliance with program requirements.

WCMHC treatment services range from detox to long term in patient treatment and extended care. Recovery focused housing resources, medication assisted treatment, cognitive behavioral therapy, and psychoeducational groups are also available to WCMHC Participants. Employment classes may be required.

Upon successful completion of the program, in most cases, the State's Attorney agrees to dismiss the Participant's charges. In this case, Participants do not end up with a conviction on their record, which benefits future employment and career opportunities. If the charges are not dismissed, the Participant's sentence may be deemed complete upon graduation of the Mental Health Court program. In this case, the Participant avoids incarceration.

ELIGIBILITY

It is the policy and practice of WCMHC to conduct all aspects of the program without discrimination on the basis of gender, race, nationality, ethnicity, limited English proficiency, disability, socio-economic status or sexual orientation. For individuals for whom English is not their primary language, Interpreters are available through the Will County 12th Judicial Circuit. In accordance with applicable legal requirements, the treatment providers ensure that language services are readily available to assist in service delivery for those Participants needing language services assistance. To aid

individuals with low literacy levels all members of the WCMHC team provide Participants with oral instructions in addition to written materials at every stage of program development. The WCMHC adheres to the 12th Judicial Circuit's Language Access policy. It is the responsibility of the participant to inform the Court of any disabilities that need accommodation.

Will County Mental Health Court Eligibility Requirements:

- 18 years or older
- All Participants must be a resident of Will County
- Charged with a probationable felony offense
- Have a mental disorder and/or substance use disorder diagnosed by the qualified mental health professional or certified addiction professional
- Voluntarily sign the *Consent to Participate* in Mental Health Court
- All Participants must agree to stop all illegal drug and alcohol use
- Be willing to comply with all treatment requirements of the WCMHC program
- All Participants must admit guilt, be found guilty, or admit to the petition to revoke, in order to enter WCMHC

If an individual is currently charged or have been convicted with any of the following crimes in the past 10 years, excluding times of incarceration, he or she is not eligible for participation in the WCMHC:

- first-degree murder;
- second-degree murder;
- predatory criminal sexual assault of a child;
- aggravated criminal sexual assault;
- criminal sexual assault;
- armed robbery;
- aggravated arson;
- arson;
- aggravated kidnapping;
- kidnapping;
- aggravated battery resulting in great bodily harm or permanent disability;
- stalking;
- aggravated stalking;
- any offense involving the discharge of a firearm

MENTAL HEALTH COURT REFERRAL AND ASSESMENT

If an individual is interested in entering the WCMHC program, he or she must fill out a referral form available in all courtrooms. Assistance is available for the illiterate. The form, and the Consent For Disclosure, must be submitted it to the Court. The WCMHC team will

review the application, and the State's Attorney's Office will ensure the applicant's criminal history permits him or her to enter the program.

Following this review, the individual is assessed by a qualified mental health professional to determine if there is a diagnosis of a mental disorder and, if indicated, by a certified addiction counselor in order to determine if the Participant has a substance use disorder. A risk assessment by a member of the WCDC team is then conducted to determine if the participant is in the target population. **All participants must agree to stop all drug and alcohol use.**

The findings from the legal and clinical assessments are compiled and then discussed at the weekly WCMHC meeting. An individualized treatment plan is presented.

The WCMHC Judge makes the final decision regarding acceptance into the program. The Participant is notified of his/her acceptance or denial during the regular weekly court call, and a date will be set for the Participant to sign his or her contract and *Consent to Participate*

If the participant is denied entrance into the program, he or she is sent back to their original court call for traditional case processing.

THE MENTAL HEALTH COURT TEAM

The WCMHC team is made up of individuals who all have a different specialty in the criminal justice field. The team uses a non-adversarial approach, meaning that each member of the team works collaboratively to develop a treatment plan that is tailored to the individual needs of each Participant.

Each member of the WCMHC Team is listed below:

Judge:

Leads the WCMHC team and, with input from all of the team members and Participants, makes all final decisions regarding WCMHC team responses, as well as decisions involving their compliance or non-compliance with WCMHC requirements. The PSC judge, before being assigned to preside in such a court, should have experience and/or training in a broad range of topics including, but not limited to: (1) criminal law; (2) behavioral health; (3) confidentiality; (4) ethics; (5) evidence-based practices; (6) substance use and abuse; (7) mental illness and (8) co-occurring disorders. The judge must be assigned to preside over the PSC for a minimum of two years;

Court Coordinator:

Coordinates all referrals and acts as the central contact for any questions. The court coordinator oversees the day to day operations of WCMHC and is responsible for all grant activities and data collection. He/she shall regularly participate in trainings, webinars, events, and other educational opportunities on topics that are essential to the effective

planning, implementation and operation of the PSC and to ensuring that the PSC maintains fidelity to the PSC model. Topics include, but are not limited to, evidence-based screening, assessment and treatment practices, target population, substance use disorder, mental illness, disability, co-occurring disorders, trauma, confidentiality, criminogenic risks and needs, incentives and sanctions, court processes, limited English proficiency and team dynamics. He/she shall stay abreast of current law and research on best practices and participate in ongoing interdisciplinary education and training. He/she shall commit to serving on the team a minimum of one year.

Prosecutor:

Follows a Participant's compliance with WCMHC requirements and makes recommendations that balance public safety concerns with their treatment needs. The prosecutor is responsible for advising the WCMHC team of all relevant information about Participants available to the State, i.e. police contact, new charges, etc. He/she shall regularly participate in trainings, webinars, events, and other educational opportunities on topics that are essential to the effective planning, implementation and operation of the PSC and to ensuring that the PSC maintains fidelity to the PSC model. Topics include, but are not limited to, evidence-based screening, assessment and treatment practices, target population, substance use disorder, mental illness, disability, co-occurring disorders, trauma, confidentiality, criminogenic risks and needs, incentives and sanctions, court processes, limited English proficiency and team dynamics. He/she shall stay abreast of current law and research on best practices and participate in ongoing interdisciplinary education and training. He/she shall commit to serving on the team a minimum of one year.

Public Defender/Defense Counsel:

Follows a Participant's compliance with WCMHC requirements and advocates for their legal interests and treatment needs. The public defender will represent Participants in WCMHC unless Participants are represented by private defense counsel. In the majority of cases, Public Defenders take over the representation after a contract has been signed. He/she shall regularly participate in trainings, webinars, events, and other educational opportunities on topics that are essential to the effective planning, implementation and operation of the PSC and to ensuring that the PSC maintains fidelity to the PSC model. Topics include, but are not limited to, evidence-based screening, assessment and treatment practices, target population, substance use disorder, mental illness, disability, co-occurring disorders, trauma, confidentiality, criminogenic risks and needs, incentives and sanctions, court processes, limited English proficiency and team dynamics. He/she shall stay abreast of current law and research on best practices and participate in ongoing interdisciplinary education and training. He/she shall commit to serving on the team a minimum of one year.

Case Managers:

Meet with Participants on a regular basis to determine Participant's progress in the program, as well as provide referrals for substance use treatment, employment, education, transportation, mental health services, and entitlements. Their case manager will ensure that Participants understand the requirements of WCMHC and supervise their compliance

with all WCMHC treatment requirements. He/she shall regularly participate in trainings, webinars, events, and other educational opportunities on topics that are essential to the effective planning, implementation and operation of the PSC and to ensuring that the PSC maintains fidelity to the PSC model. Topics include, but are not limited to, evidence-based screening, assessment and treatment practices, target population, substance use disorder, mental illness, disability, co-occurring disorders, trauma, confidentiality, criminogenic risks and needs, incentives and sanctions, court processes, limited English proficiency and team dynamics. He/she shall stay abreast of current law and research on best practices and participate in ongoing interdisciplinary education and training. He/she shall commit to serving on the team a minimum of one year.

Probation Officers:

Responsible for meeting with Participants on a regular basis to determine Participants' progress in the program, as well as provide referrals for substance use treatment, employment, education, transportation, mental health services, and entitlements. They will ensure that Participants understand the requirements of WCMHC and supervise their compliance with all WCMHC treatment and probation supervision requirements. They will perform home visits and risk assessments as necessary. He/she shall regularly participate in trainings, webinars, events, and other educational opportunities on topics that are essential to the effective planning, implementation and operation of the PSC and to ensuring that the PSC maintains fidelity to the PSC model. Topics include, but are not limited to, evidence-based screening, assessment and treatment practices, target population, substance use disorder, mental illness, disability, co-occurring disorders, trauma, confidentiality, criminogenic risks and needs, incentives and sanctions, court processes, limited English proficiency and team dynamics. He/she shall stay abreast of current law and research on best practices and participate in ongoing interdisciplinary education and training. He/she shall commit to serving on the team a minimum of one year.

Mental Health Professionals/Forensic Specialist:

Responsible for performing mental health evaluations and risk assessments. Provide Moral Reconciliation Therapy (MRT), psycho educational, and Thinking For a Change (T4C) groups. Work with team to develop treatment plans. Provide individual and group therapy and case management. Attend staffings and send report updates regarding treatment services. He/she shall regularly participate in trainings, webinars, events, and other educational opportunities on topics that are essential to the effective planning, implementation and operation of the PSC and to ensuring that the PSC maintains fidelity to the PSC model. Topics include, but are not limited to, evidence-based screening, assessment and treatment practices, target population, substance use disorder, mental illness, disability, co-occurring disorders, trauma, confidentiality, criminogenic risks and needs, incentives and sanctions, court processes, limited English proficiency and team dynamics. He/she shall stay abreast of current law and research on best practices and participate in ongoing interdisciplinary education and training. He/she shall commit to serving on the team a minimum of one year.

Data/ Risk Assessment Specialist:

Works with the Mental Health Professional, Case Manager, and Probation Office to administer the necessary risk assessment tools in order to determine the risks and needs of potential Participants. Acts as a liaison with treatment providers and case managers to coordinate data collection and entry. Works with Court Coordinator to ensure timely reporting of required data. He/she shall regularly participate in trainings, webinars, events, and other educational opportunities on topics that are essential to the effective planning, implementation and operation of the PSC and to ensuring that the PSC maintains fidelity to the PSC model. Topics include, but are not limited to, evidence-based screening, assessment and treatment practices, target population, substance use disorder, mental illness, disability, co-occurring disorders, trauma, confidentiality, criminogenic risks and needs, incentives and sanctions, court processes, limited English proficiency and team dynamics. He/she shall stay abreast of current law and research on best practices and participate in ongoing interdisciplinary education and training. He/she shall commit to serving on the team a minimum of one year.

Licensed Treatment Provider(s)

Provides screening, assessment and/ or treatment to Participants and coordinates with other treatment providers to develop treatment plans. WCMHC's treatment providers include Woodridge Interventions and Stepping Stones. When necessary, representatives from these organizations will attend WCMHC staffings to discuss a Participant's progress. He/she shall regularly participate in trainings, webinars, events, and other educational opportunities on topics that are essential to the effective planning, implementation and operation of the PSC and to ensuring that the PSC maintains fidelity to the PSC model. Topics include, but are not limited to, evidence-based screening, assessment and treatment practices, target population, substance use disorder, mental illness, disability, co-occurring disorders, trauma, confidentiality, criminogenic risks and needs, incentives and sanctions, court processes, limited English proficiency and team dynamics. He/she shall stay abreast of current law and research on best practices and participate in ongoing interdisciplinary education and training. He/she shall commit to serving on the team a minimum of one year.

CONFIDENTIALITY

Each Participant is required to sign an authorization for release of information to allow the WCMHC team to communicate as a team about each Participant's participation and compliance. Once a Participant is in the program, the WCMHC team may also require that he or she sign additional releases of information to third parties, such as family members, sponsors, mentors, or medical/treatment providers on an as needed basis.

A Participant's health and treatment records are protected under federal regulations. 42 C.F.R. Part 2 (Confidentiality of Alcohol and Drug Abuse Patient Records) and 45 C.F.R. Parts 160 & 164 (HIPPA). Almost all of the statements made during eligibility screening, assessments and treatment cannot be used against them. 45 C.F.R. §164.512 (j)(2)(i) and

(ii). However, if a Participant admits to either of the following two things, statements *may* be used against me: 1) child abuse or neglect (45 C.F.R. §164.512(b)(1)(ii); and 2) domestic violence, abuse or neglect which causes the Team Member to believe disclosure is necessary to prevent serious harm to a potential victim (45 C.F.R. §164.512(b)(1)(ii). If a Participant admits to these offenses, the State's Attorney may bring new charges against them. Statements made during the eligibility, assessment(s) and treatment, other than those mandatorily required to be disclosed as outlined in the above paragraph, cannot be the basis for new criminal charges or a criminal investigation except as authorized by a court order. 42 C.F.R. §2.1 (b)(2)(C); 42 C.F.R. §2.2 (b)(2)(C). Prior to a Court Order being issued, a hearing shall be conducted by the Specialty Court Judge. Notice shall be given to Defense Counsel with a Bill of Particulars with the following information: a.) The statement that the State is seeking to disclose; b.) A list of all individuals who witnessed the statement that the State is seeking to disclose, including their names, addresses, telephone and email addresses; and c.) Any and all reports, notes, audio or video material memorializing the statement of the Participant and the circumstances under which it was made.

PHASES OF TREATMENT

The WCMHC incorporates five program phases followed by graduation. The phases are designed to monitor the participant's compliance with all WCMHC requirements and to objectively measure a participant's progress in treatment. These phases are structured to maximize the likelihood that the participant can successfully achieve and maintain recovery through meaningful participation in his/her treatment plan requirements while under the intensive supervision by the court to discourage the participant from engaging in further criminal activity.

Treatment plan requirements include all recommended and/or prescribed treatment services, including substance abuse treatment, primary medical treatment, and mental health treatment services and each participant's compliance with treatment plan requirements will be monitored by the WCMHC Team through all WCMHC phases. The participant requirements for each program phase are as follows:

PHASE I

This phase includes stabilization, orientation, and assessment. An individualized treatment plan was developed and reviewed with participant prior to contract. Phase I will focus on educational learning resources and maintaining a sober/drug free lifestyle.

Phase I Requirements:

- Engage with PSR and/or Substance Abuse Treatment
- Comply with psychiatric appointments and recommendations
- Meet with therapist as recommended by treatment plan

- Start changing people, places and things
- Meet with case manager/ probation officer as required
- Attend court weekly
- Urine and drug/alcohol screens are negative
- Attend 3 self-help meetings weekly (If Applicable)
- Explanation of insights and skills participant has acquired through treatment and how to apply these skills to everyday life in order to cope with mental illness
- Sign releases of information to collateral contacts upon requests
- Minimum time in Phase I is 60 days

A participant can advance to Phase II if substantially compliant with all Phase I requirements for a sustained period of time, has been clean and sober for at least 30 days, and the WCMHC Judge, with input from the team approves moving to Phase II.

PHASE II

During this phase, participants will focus on identifying community resources, more intensive therapy, and concentrating on recovery education.

Phase II Requirements:

- Continue to meet all Phase One requirements
- Remain engaged in treatment
- Attend Court weekly
- See case manager and therapist as required
- Obtain stable housing
- Demonstrate changing people, places and things
- Make substantial effort to pay \$360.00 of WCMHC fee
- Obtain a sponsor /mentor(if applicable)
- Letter from sponsor detailing program work (If Applicable)
- Attend 3 self-help meetings weekly (if applicable)
- Urine and drug/alcohol screens are negative for minimum of 60 days
- Explanation of insights and skills participant has acquired through treatment in Phase I and how participant applies these skills to everyday life in order to cope with mental illness
- Sign releases of information to collateral contacts upon request
- Minimum time in Phase II is 90 days

A participant can advance to Phase III if substantially compliant with all Phase II requirements for a sustained period of time, has been clean and sober for at least 60 days, and the Mental Health Court Judge, with input from the team approves moving to Phase III.

PHASE III

This is a phase of pro-social habitation, less structured treatment and more responsibility upon the WCMHC participant. During this phase, a continuing care program will be implemented and tailored to the specific needs of the participant.

Phase III Requirements:

- Continue to meet all Phase Two Requirements
- Attend court bi-weekly
- Remain engaged in treatment
- See therapist and case manager as required
- Address life skills
- Establish recovery network
- Establish prosocial activities
- Demonstrate changing people, places and things
- Maintain stable housing
- Establish employment/school/community service
- Urine and drug/alcohol screens negative
- Make substantial effort to pay additional \$400.00 (cumulative \$760) WCMHC fee
- Explanation of insights and skills participant has acquired through treatment in Phase III and how participant applies these skills to everyday life in order to cope with mental illness
- Sign release of information to collateral contacts upon request
- Minimum time in Phase III is 90 days

A participant can advance to Phase IV if substantially compliant with all Phase III requirements for a sustained period of time, has been clean and sober for at least 90 days, and the WCMHC Judge, with input from the team approves moving to Phase IV.

Phase IV

This is a phase of adaptive habilitation, less structured treatment and more responsibility upon the WCMHC participant. During this phase, a continuing care program will be continued, tailored to the specific needs of the participant.

- Continue engagement with treatment
- Continue to meet all Phase III requirements
- Attend court every three weeks
- Meet with therapist and case manager as directed
- Employment or full time educational status
- Letter from sponsor/mentor detailing program work (if applicable)
- Explanation of what step participants are working on
- Attend 3 self-help meetings weekly
- Address life skills

- Maintain recovery network
- Maintain prosocial activities
- Maintain housing
- Demonstrate changing people, places and things
- Address ancillary services (i.e. parenting, family support)
- Urine and drug/alcohol screens negative
- Complete either T4C or MRT (if applicable)
- Explanation of insights and skills acquired through T4C or MRT and how to apply skills to everyday life
- Address financial issues
- Make substantial effort to pay \$400.00 (cumulative \$1160) of WCMHC fee
- Make substantial effort to pay restitution
- Sign release of information to collateral contacts upon request
- Minimum time in Phase III is 90 days

Participants can only advance to Phase V if substantially compliant with Phase IV requirements for a sustained period of time, have no drug tests which violate the alcohol and drug testing protocol and procedures for 120 days, and the Judge with input from the team WCMHC team approves their written application explaining why he or she would like to move to Phase V.

Phase V

This is a phase of continuing care, maintaining engagement in therapy and recovery network and more responsibility upon the WCMHC participant. During this phase, a discharge plan will be developed, tailored to the specific needs of the participant.

- Continue engagement with treatment
- Continue to meet all Phase IV requirements
- Attend court monthly
- Meet with therapist and case manager as directed
- Maintain employment or full time educational status
- Attend 3 self-help meetings weekly (if applicable)
- Letter from sponsor/mentor detailing program work
- Explanation of what step participants are working on
- Maintain recovery network
- Maintain prosocial activities
- Maintain housing
- Demonstrate changing people, places and things
- Urine and drug/alcohol screens negative
- Complete either T4C or MRT (if applicable)
- Explanation of insights and skills acquired through T4C or MRT and how to apply skills to everyday life
- Address financial issues
- Make substantial effort to pay \$400.00 (cumulative \$1560) of WCMHC fee

- Pay full restitution
- Develop and be able to articulate discharge plan
- Sign release of information to collateral contacts upon request
- Minimum time in Phase III is 90 days

Participants can only advance to Graduation if substantially compliant with Phase V requirements for a sustained period of time, have no drug tests which violate the alcohol and drug testing protocol and procedures for 180 days, and the Judge with input from the WCMHC team approves their written application explaining why he or she would like to Graduate.

Graduation

To be eligible for graduation, participants must continue to meet all of the requirements for moving from phase IV to phase V, must be compliant with phase V requirements, has made a substantial effort to pay the WCMHC fee of \$1560 over the course of their time in the five phases, have negative urine screens for six months, and have completed the Graduation questionnaire (Appendix G). The WCMHC team will staff a participant to determine if he/she has met the requirements to advance from phase V to graduation. It is at this point that any legal agreements that have been previously made pending completion shall be reviewed and acted upon accordingly. A Discharge Plan is developed and presented at staffing by a therapist, probation or case manager. The WCMHC holds approximately three graduation ceremonies a year.

SUMMARY OF MENTAL HEALTH COURT PARTICIPANT RULES

1. Participants will totally abstain from the use of illegal drugs and alcohol. Participants will submit to urinalysis as requested by any WCMHC personnel. Failure to do so will be considered a positive test.
2. Participant is not to consume or to be in possession of any substance used to adulterate a drug test; these are commonly referred to as detox kits/drinks.
3. Participants will not associate with people who use or possess drugs nor will Participants be present when drugs or alcohol are being used by others.
4. Participants must follow their treatment plan and actively participate in all services as required.
5. Participants will attend all scheduled court and treatment sessions on time, submit to random alcohol and drug testing, and remain clean and sober and refrain from any further criminal conduct. If Participants do not appear on his or her regularly

- scheduled court date and have not been previously excused, the Judge may issue a warrant for the Participant's arrest.
6. Participants will cooperate with all home visits, treatment visits, or and employment visits. The WCMHC team members will conduct home, treatment facility, and place of employment visits on a regular basis to monitor the program.
 7. Participants must notify the WCMHC team immediately following any law enforcement contact or hospitalization.
 8. Participants will dress appropriately for court and treatment sessions. Clothing bearing violent, racist, sexist, drug or alcohol-related themes, or promoting or advertising alcohol or drug use is considered inappropriate. Hats may not be worn. Gang attire is also inappropriate.
 9. Use appropriate language when addressing the court. ("yes" instead of "yea", "excuse me" instead of "huh", "no" instead of "nope") Nodding or shaking of the head is NOT an appropriate response!
 10. There is to be no talking in the courtroom during WCMHC proceedings. Prior approval of WCMHC staff should be received if Participants must bring children to court. **TURN OFF CELL PHONES!**
 11. Participants will remain in the courtroom until dismissed by the Judge.
 12. Participants will inform all treating physicians that Participants are a recovering addict and may not take narcotic or addictive medications or drugs without notice to the Court. Participant will return medication receipt to their case manager.
 13. Participants cannot take prescription medications not prescribed to Participants by his or her doctor.
 14. Participants cannot ingest any substances that are labeled "not for human consumption", including, but not exclusively, K2, spice, or other synthetic cannabinoids.
 15. The Participant's case manager must be notified if he or she is taking any over the counter medications.
 16. Participants will submit to random drug and/or alcohol screens when requested by any WCMHC team member and/or treatment provider, and comply with the random drug protocol.
 17. Participants will keep the WCMHC team informed of their current address and phone number at all time. Participants must get approval for any changes and

report any changes within 24 hours. If contacted, Participants have 24 hours to present themselves to probation for drug and alcohol testing.

18. Participants must inform their case managers of any changes in employment within 24 hours
19. Participants cannot leave the state without approval of the WCMHC. Permission to leave must be in writing and given to their probation officer or a member of the WCMHC team. Participants will be notified of approval or denial by the Judge.
20. Participants cannot be in possession of a firearm or dangerous weapon.
21. All Mental Health Court Participants are required to pay court costs in the amount of **\$1560.00** (fee subject to change). In addition, they are required to pay all restitution owed in their case. Payment is to be made to the Will County Circuit Clerk's Office prior to graduation. Participants are not required to make weekly payments if they are in a residential treatment facility.

DRUG AND ALCOHOL TESTING PROCEDURES

Participants will be randomly drug tested throughout the program to make sure that they avoid harmful substances. Using drugs, including alcohol, will interfere with treatment and will lead to sanctions or therapeutic adjustments.

A 24 hour call-in system is in place to ensure compliance. Participants will receive a color and phone number for nightly call. In addition, each time a Participant comes to court, they will do a drug test in the lower level of the courthouse. They may also have to do drug testing at the Health Department, with a case manager, or another treatment provider.

The Judge can request a random drug test as well. If a Participant is called in for a random drug test, they have 24 hours to take the test at an approved location. Participants will be observed by a member of the same sex to ensure freedom from errors. Failure to provide a sample will be considered a positive test.

If a Participant has a positive test in any WCMHC phase, the Judge, based on recommendations from the WCMHC staff, will apply an immediate relapse plan. This plan will include sanctions, as well as adjustments to the Participant's treatment plan based on his or her individual needs.

INCENTIVES, SANCTIONS, AND THERAPEUTIC ADJUSTMENTS

Each WCMHC Participant has an individualized treatment plan. The team uses a combination of incentives, sanctions, and/or therapeutic adjustments to reinforce a recovering lifestyle. The treatment plan is updated regularly.

Incentives:

Incentives include verbal affirmation, leaving court early, less frequent court appearances, less frequent probation meetings, and attendance at fewer recovery support meetings resulting in a reduction in Participant's expenses. They are also allowed more flexibility to travel. Incentives may be received for a variety of behaviors and achievements such as attending all probation and treatment and groups, attending all court status hearings, making progress in treatment, providing clean drug screens, gaining or maintaining employment, and education achievement.

Sanctions:

Sanctions may vary for each WCMHC Participant. Sanctions are imposed for each violation. Violations that will result in sanctions include but are not limited to: involvement in criminal activity, dishonesty with the WCMHC team and treatment providers, poor attendance, lack of participation in treatment or tasks identified in the treatment plan, and positive drug screens. The sanctions that will be imposed for these violations may include but are not limited to: curfews, community service hours, incarceration, increased reporting to court and probation, "random" drug tests, extensions of contract and/or termination from program. If it is determined at staffing that there should be a sanction, the participant must be given an opportunity to address the Court before the sanction is imposed. The WCMHC Judge must consider this input and decide whether to impose the sanction. The final decision as to whether to impose a sanction and what sanction is appropriate rests within the sole discretion of the WCMHC Judge and may only be imposed in accordance with the procedural fairness principles of fairness and neutrality after the participant is given an opportunity to be heard.

Therapeutic Adjustments:

Therapeutic adjustments to a Participant's treatment plan may be made for a variety of reasons that include but are not limited to: results of assessments and evaluations, recommendation by treatment providers, missing recovery support group meetings or meetings with case manager, and positive drug screens. Adjustments to one's treatment plan may include but are not limited to: individual counseling, parenting classes, and anger management. Participants will be required to comply with any new or additional requirements.

POSSIBLE PROGRAM OUTCOMES

There are four possible outcomes for a Participant in the program which includes successful discharge, neutral discharge, unsuccessful discharge, or voluntary withdrawal.

Successful Discharge

A Participant will be eligible for successful discharge if they complete every WCMHC program requirement. The Participant will also be required to complete a graduation questionnaire two weeks prior to graduating. At graduation, they will receive a certificate of achievement and will be discharged from WCMHC.

Upon successful completion of the program, in most cases the State's Attorney agrees to dismiss the Participant's charges. In this case, Participants do not end up with a conviction on their record, which benefits future employment and career opportunities. If the charges are not dismissed, the Participant's sentence may be deemed complete upon graduation of the Mental Health Court program. In this case, the Participant avoids incarceration and gives Participants tools to live a productive life.

Neutral Discharge

A participant may encounter difficulties after entering the program that makes it difficult or impossible for him/her to comply with the requirements of WCMHC. Upon collaboration from the WCMHC Team the WCMHC Judge can enter an order permitting a neutral discharge from the WCMHC Program.

Unsuccessful Discharge

A Participant's contract in WCMHC can be terminated for reasons such as: warrants, new arrest, or a violation of any aspect of the WCMHC contract. Other violations which could result in termination include but are not limited to: missing drug tests, positive drug tests, altered drug test, lack of program response demonstrated by failing to cooperate with WCMHC team, and violence or threat of violence directed at staff or other Participants of the program.

Prior to unsuccessful discharge from WCMHC, a Participant will be served with a petition that seeks to revoke his or her WCMHC contract and sets out his or her alleged violations. Once a petition is filed, Participants have the right to be represented by an attorney, the right to a hearing on the petition, the right to confront the State's witnesses and evidence, the right to present evidence and testimony on his or her own behalf if Participants choose to, the right to require that the State prove that it is more probably true than not true that Participants violated his or her contract, and the right to be advised of the sentencing range.

Once a petition is filed, in order for the Judge to continue to participate in team staffings of their case, Participants must agree to let the Judge discuss their case. Participants' agreement will be requested when a petition is filed and addressed in open court. An unsuccessful discharge can occur as part of a plea agreement or as a sentencing outcome after a hearing on the petition. If the court grants the petition to remove, the Participant will proceed to sentencing.

Voluntary Withdrawal

WCMHC is a voluntary program; therefore, Participants do have the right to withdraw from the program. However, there may be consequences to withdrawing from WCMHC. It is important that Participants understand what those consequences may be, and the Judge and each Participant's attorney will explain those to the Participant. A Participant that chooses to withdraw from the program will proceed to sentencing. Any consequence has to be consistent with the terms of his or her contract. Serving jail time that has previously been stayed is one example of a possible consequence of voluntary withdrawal from WCMHC.

TRANSPORTATION

In most cases, the Will County Sheriff's Department is responsible for transporting incarcerated Participants to the chosen treatment facility. Family members can obtain a list of clothing and other items from the treatment facility and drop them off according to the rules of the facility. Participants may also be able to send clothing and other items through the postal system.

CONCLUSION

WCMHC helps the Participant achieve a life free of dependence on mind-altering substances and gives them the tools to cope with their mental disorder. The WCMHC team is here to guide and assist the Participant, but the final responsibility is on the individual. To succeed, one must be motivated to make a commitment to a mentally healthy, drug-free life.

MENTAL HEALTH COURT STAFF NUMBERS

| | |
|--|--------------|
| JUDGE FREDERICK HARVEY..... | 815-727-8622 |
| STATE'S ATTORNEY'S OFFICE..... | 815-727-8453 |
| Assistant State's Attorneys | |
| Christine Vukmir..... | 815-727-8870 |
| Dan Egan..... | 815-724-1394 |
| Britt Florin..... | 815-727-8617 |
| PUBLIC DEFENDER | |
| Julie Primozic..... | 815-727-8666 |
| Amy Christiansen..... | 815-727-8666 |
| MENTAL HEALTH COURT COORDINATOR | |
| Julie McCabe-Sterr..... | 815-774-7852 |
| MENTAL HEALTH COURT CASE MANAGER | |
| Marcia Van Natta..... | 815-724-1384 |
| Joseph Maso..... | 815-774-7851 |
| MENTAL HEALTH PROFESSIONAL | |
| Terry McCormick, Psy.D..... | 815-724-1394 |
| Diana Murillo, MSW..... | 815-724-1348 |
| EMPLOYMENT OUTREACH SPECIALIST | |
| Timothy Ruettiger..... | 815-724-1538 |
| DATA/RISK ASSESSMENT SPECIALIST | |
| Mitch Crandall..... | 815-727-8875 |
| PROBATION DEPARTMENT | |
| Sue O'Halloran..... | 815-774-4534 |
| CENTER FOR CORRECTIONAL CONCERNS | |
| Jan Moore..... | 815-740-5631 |
| WILL COUNTY HEALTH DEPARTMENT | |
| Amanda Barrios MA, LCPC | 815-727-8521 |
| Patricia Grosskopf Psy.D, LCPC, LSOTP, LSOE, PAIP..... | 815-740-5528 |
| Erica Quensen-Diez, MA, LCPC..... | 815-724-1674 |
| Chris Sandvick, LCSW..... | 815-740-5529 |

SUPPORT GROUPS & COMMUNITY RESOURCES

While the final responsibility rests on the individual, know that there are resources and support services available to Participants as they make their way down the road to recovery.

DOMESTIC VIOLENCE

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|-------------------------------|--------------|
| SUPPORT GROUPS | 815-729-1228 |
| SOUTH SUBURBAN FAMILY SHELTER | 708-798-7737 |
| GROUNDWORK-WILL COUNTY | 815-729-1228 |
| GROUNDWORK-GRUNDY COUNTY | 815-941-2261 |
| CHICAGO DOMESTIC VIOLENCE | 312-743-0289 |

FINANCIAL CRISIS

| | |
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| SALVATION ARMY | 815-726-4834 |
| WILL COUNTY CENTER FOR ECONOMIC DEVELOPMENT | 815-723-1800 |

FOOD/SHELTER EMERGENCIES

| | |
|---------------------------------|--------------|
| DAYBREAK | 815-774-4663 |
| MORNING STAR MISSION MINISTRIES | 815-722-5780 |
| CATHOLIC CHARITIES | 815-723-3405 |

GRIEF

| | |
|------------------------------------|--------------|
| BEREAVEMENT SUPPORT GROUP | 815-942-8525 |
| SURVIVORS OF SUICIDE SUPPORT GROUP | 630-482-9393 |
| WIDOWS-WIDOWERS SUPPORT GROUP | 815-838-5334 |
| JOLIET AREA COMMUNITY HOSPICE | 815-740-4104 |

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|---------------------------|--------------|
| EMOTIONS ANONYMOUS | 815-647-9712 |
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| LOSS AND GRIEF COUNSELING | 815-416-9036 |
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|---------------------------|--------------|
| GAMBLERS ANONYMOUS | 630-972-1011 |
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| WILL GRUNDY MEDICAL CLINIC | 815-726-3377 |
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|---------------------------|--------------|
| WORKFORCE SERVICES | 815-727-4444 |
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WILL COUNTY MENTAL HEALTH COURT PARTICIPANT HANDBOOK SIGNATURE PAGE

I read and understand the contents of the WCMHC Participant handbook. I have been given a copy of the Participant handbook, and I will bring it to court and to all my appointments. I understand that in order to be successful in the WCMHC program, I must comply with the treatment recommendations and decisions made by the WCMHC team.

Client Signature

Date

Defense Counsel

Date